



UNIVERSITY
OF MEDICINE
AND HEALTH
SCIENCES

TRANSITION TO ADULT SERVICES EXPERIENCED BY YOUNG PEOPLE WITH CEREBRAL PALSY: A CROSS-SECTIONAL STUDY

A named
worker to
help with the
transition
process



Young person
36%
Health Professionals
35%

Young person
90%
Health Professionals
66%

Appropriate
parental
involvement



Information
about
transition

Young person
24%
Health Professionals
69%

Young person
37%
Health Professionals
73%



Promotion
of health
self-efficacy

Self-
management
support



Young person
36%
Health Professionals
73%

Young person
16%
Health Professionals
30%

Meet the
adult team



Health Professionals
20%
Senior
manager with
responsibility
for transition



Formal life
skills training



Young person
16%
Health Professionals
36%

AIM

To assess if young people with cerebral palsy (CP) experienced and health professionals provided practices that may improve transition from child to adult health services.

METHODS

Seventy-five young people and 108 health professionals completed a questionnaire describing the experience or provision of key transition practices

INTERPRETATION

- ~ Many young people with CP do not receive supports that may improve the experience of transition.
- ~ Supports to improve transition may be inconsistently provided within and between organisations.
- ~ This study highlights areas for improvement when providing transition care to young people with CP.

